

# JOHN FLEMING

Torrance Orthopaedic & Sports Medicine Group  
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## EDUCATION:

### **University of Southern California; Los Angeles, California, May 2006**

*Bachelor of Arts with Honors in Philosophy*

*Emphasis on Ethics, Law, and Value*

Minors in Natural Science and Kinesiology

Honors: Graduated Magna cum laude, Granted Presidential Academic Scholarship, Elected executive board member of Alpha Epsilon Delta Pre-medical Honor Society

### **University of California, San Diego School of Medicine; San Diego, California, May 2011**

*Doctor of Medicine*

Honors: Achieved clinical honors in Surgery, Surgical Critical Care, Pediatric Orthopaedics, Obstetrics and Gynecology, Pediatrics, Neurology, Emergency Medicine, and Physical Medicine clerkships

Preclinical honors include Anatomy, Pathology, Microbiology, Lab Medicine, Human Disease, and Child Development

## INTERNSHIP AND RESIDENCY:

### **Harbor-UCLA Medical Center; Los Angeles, California, June 2011 to June 2016**

*Orthopaedic Surgery Resident*

Honors: Recipient of 2014 Dana M. Street Orthopaedic Research Award

## FELLOWSHIP:

### **Norton Leatherman Spine Center; Louisville, Kentucky August 2016 to July 2017**

*Spine Surgery Fellow at Norton Leatherman, Kosair Children's, and University of Louisville Hospitals*

## RESEARCH:

"Impact of Osteoarthritis and Health-Related Outcomes after Lumbar Surgery for Degenerative Conditions"

**J Fleming**, M Djurasovic, L Carreon. Pending submission to IMAST 2017 annual meeting

"Early Experience with Less Invasive Midline Posterior Interbody Fusion and Cortical Screws" C Crawford,

**J Fleming**, K Owens, M Djurasovic, L Carreon, R Head. Pending submission to IMAST 2017 annual meeting

"Septic Arthritis of the Knee and Elbow Following Intra-articular Adipocyte Derived Mesenchymal Stem Cell Injection" **J Fleming**, R Navarro. *Annals of Clinical Case Reports* 2016, Volume 1, #1196

"Distal Fibula Fracture Fixation: Biomechanical Evaluation of Three Different Fixation Implants" T Harris, **J Fleming**,

T Warganich, E Ebrahimzadeh, S Sangiorgio; *Journal of Foot and Ankle Surgery*, volume 22, December 2016.

Presented at ORS annual meeting, March 2016, Orlando, FL.

"Knee Arthroscopy as a Low-value Intervention for Treatment of Meniscal Damage in Patients with Osteoarthritis"

R Navarro, A Adams, MH Black, **J Fleming**, I Garcia; Selected for paper presentation at AAOS annual meeting,

March 2016, Orlando, FL; publication pending

"Biomechanical Comparison of Novel Fixation Device for Tarsal Metatarsal Arthrodesis of the First Ray" T Harris,

**J Fleming**, E Ebrahimzadeh, T Warganich, S Sangiorgio; Abstract submitted to AOFAS annual meeting 2017;

publication pending

"Outcomes after Surgical Treatment of Neer type II and V Distal Clavicle Fractures" R Navarro, **J Fleming**, B Orton,

J Gelber, M Brambila, A Hsu, E Shen. Selected for presentation at AAOS annual meeting, Las Vegas, NV Mar 27

2015; publication pending

"Complications after Midshaft Clavicle Fixation: Locking versus Non-locking Results" R Navarro, **J Fleming**, B Orton,

J Gelber, A Hsu, E Shen. Abstract submitted to JSES 2017; publication pending.

"Biomechanical Comparison of Dorsal Plating vs. Intra-articular Screws for Ligamentous Lisfranc Injuries" T Harris,

**J Fleming**, E Ebrahimzadeh, S Sangiorgio; publication pending

## PUBLISHED BOOK CHAPTERS:

"Posterior Knee Dislocation/ACL Injury" A Beck, **J Fleming**, K Rolfe; DeVirgillio's Surgery: A Case Based Clinical Review; Springer Science, 2015

"Slipped Capital Femoral Epiphysis" **J Fleming**, A Beck, K Rolfe; DeVirgillio's Surgery: A Case Based Clinical Review; Springer Science, 2015

## SCIENTIFIC PODIUM PRESENTATIONS:

**J Fleming**, "Knee Arthroscopy in Patients with Mild to Moderate Knee Arthritis: Demographic Outcomes"; 37th Annual Dana M. Street Orthopaedic Educational Program, June 6, 2014. Torrance, CA

R Navarro, **J Fleming** "Outcomes after Surgical Treatment of Neer type II and V Distal Clavicle Fractures"; AAOS annual meeting, March 27 2015. Las Vegas, NV

R Navarro, **J Fleming** "Knee Arthroscopy vs Physiotherapy Alone for Meniscal Damage Complicated by Osteoarthritis"; AAOS annual meeting, March 4 2016. Orlando, FL

R Navarro, **J Fleming** "Does Knee Arthroscopy for Treatment of Meniscal Damage with Osteoarthritis 'Buy Patients Time' to Knee Replacement Compared to PT Alone?"; Accepted for AANA annual meeting, April 16, 2016. Boston, MA

## PAST EXPERIENCE:

**Manager, Orthopedic Specialty Clinic, December 2007 to April 2009**

**UCSD Student Run Free Clinic; San Diego, CA**

- Triage and scheduled 20-30 patients for underserved community clinic
- Communicated and worked directly with Orthopaedic faculty from UCSD

**Teacher, June 2006 to August 2008**

**Kaplan Test Preparation; London, England; Los Angeles, CA; Boston, MA; San Diego, CA**

- Taught classes of 10-25 students in preparation for the Medical College Admission Test (MCAT), British Bio-Medical Admissions Test (BMAT), Graduate Management Admissions Test (GMAT), Optometry Admission Test (OAT), Graduate Record Examination (GRE), or Dental Admission Test (DAT)
- Twice selected as one of top 20 MCAT instructors nationwide and chosen to teach at Kaplan Summer Intensive Program